

SHORTER OPTION

Distance: 2 miles from upper trailhead to lower trailhead and back

Time: 1 hour walk/20 minute bike

MEDIUM OPTION

Distance: 3 miles from lower trailhead to Telegraph Road and back

Time: 1 hour and 45 minute walk/30 minute bike

LONGER OPTION

Distance: 7 miles from upper trailhead to lower loops and back

(Fig. 1) Time: 3.5 hour walk/75 minute bike

TRAIL SURFACE

Asphalt surface separated from the road

TERRAIN FLAT

RESTROOMS AND WATER

Restroom and drinking fountain available at upper trailhead and lower trailhead.

Upper (Pt)

P Lower

railhead

GETTING THERE

Access the greenway by foot or bicycle from the Telegraph Road neighborhood connection (at the intersection of Telegraph Road and Erb Road). Vehicle parking is available in the upper and lower trailheads of Cliff Cave Park (806 Cliff Cave Road, St. Louis, MO 63129). From the intersection with Telegraph Road, follow Cliff Cave Road for one mile and turn left into the entrance for the upper trailhead. To access the lower trailhead from Telegraph Road, follow Cliff Cave Road for 1.75 additional miles to end in the lower trailhead.



Explore the Mississippi Greenway: Cliff Cave County Park



WHILE YOU'RE EXPLORING

- » Observe diverse wildlife on the rocky hillsides, woodlands, wetlands, and prairies in the park
- » Grab a bite to eat on Telegraph Road
- » Enjoy the sweeping views of the Mississippi River from the scenic overlook on the bluff
- » Fish on the Mississippi River
- » Learn about the cave's significance throughout history
- » Watch the barges travel up and down the Mississippi River to points north and south

LEARN ABOUT THE AREA

Natural and built features impact the past, present and future of the St. Louis region. These places hold stories of the people and events that shape the culture of the St. Louis region. What stories from your lifetime in your community will be passed down to future generations?

Rainwater and melting snow are stronger than they seem. Caverns like Cliff Cave form when water soaks into limestone rock cracks and pores, mixing with carbon dioxide to form carbonic acid. The acidic water finds its path through crevices, expanding and creating wider passageways as it goes. It can take 100,000 years to create a cave large enough for a human to fit in.

Native Americans once used Cliff Cave for shelter and storage of food and goods. The cave offered welcome refuge against harsh winter winds and fresh drinking water from the nearby spring. The cave is close enough to the river for fishing, working, traveling, and playing, but not too close as to be flooded during the rainy season.

Cliff Cave stays at a consistent fifty-seven degrees Fahrenheit year-round. In the mid-1800s, Cliff Cave was used by the Cliff Cave Wine Company as a wine cellar. The wine company built the rock walls at the entrance of the cave that you see today.

GREENWAYS CONNECT US ALL

Greenways are outdoor spaces connecting people and places.

Each greenway is unique, reflecting the character of the communities it connects. Greenways can include **trails, conservation projects** such as rain gardens and restored prairies, **amenities** like restrooms and drinking fountains, and **connections** to businesses, neighborhoods, parks, schools, waterways and transit. There are over 125 miles of greenways throughout St. Louis City, St. Louis County and St. Charles County for you to explore and enjoy.