

# Explore the St. Vincent Greenway: Rock Road Transit Center to UMSL



Wander through the lush and shady grounds of St. Vincent County Park, across the rolling hills of the UMSL campus, and continue your journey connecting to the North Hanley MetroLink.



## SHORT TRIP

- 1.5 mile loop between **E** and **F**
- 30 minute walk/15 minute bike

## MEDIUM TRIP

- 5 miles from **E** to **C** and back
- 2.5 hour walk/1 hour bike

## LONG TRIP

- 8 miles from **A** to Ferguson Citywalk and back
- 4 hour walk/1.5 hour bike

## TRAIL SURFACE

Asphalt surface separated from the road

## EXPLORE & ENJOY

### Trailheads

- A** **St. Vincent County Park:** 7335 St. Charles Rock Road, St. Louis, MO
- B** **UMSL North Campus Lot C:** 11 Arnold B Grobman Dr., St. Louis, MO
- C** **North Hanley MetroLink Station:** 4300 North Hanley Rd., St. Louis, MO
- D** **Rock Road MetroLink Station:** 7001 St. Charles Rock Road, St. Louis, MO

### Points of Interest

- E** **St. Vincent Shelter**
- F** **St. Vincent Community Center**
- G** **Bellerive Bird Sanctuary**
- H** **UMSL South MetroLink Station**
- I** **UMSL North MetroLink Station**



## Explore the St. Vincent Greenway: St. Vincent County Park to North Hanley MetroLink

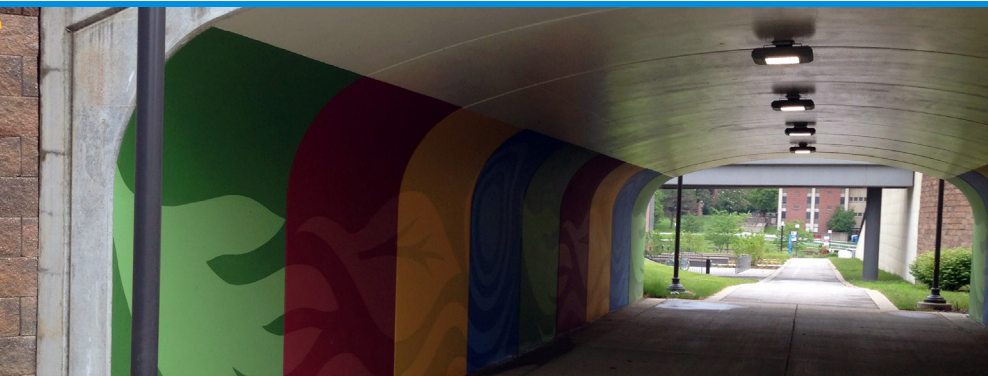
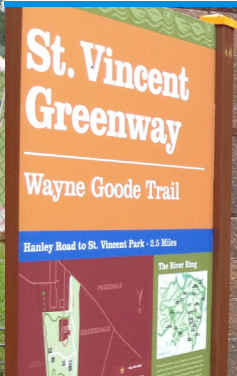
### WHILE YOU'RE EXPLORING

- » Have a picnic in St. Vincent County Park
- » Continue on the Ted Jones Trail into Ferguson Citywalk
- » Play on the playground, ball fields, or tennis courts at St. Vincent County Park
- » Birdwatch at the Bellerive Bird Sanctuary

**NATURE:** Great Rivers Greenway is working with partners at St. Vincent County Park to replace invasive plant species with native plants. Native plants along the St. Vincent Greenway sustain soil, prevent erosion, lessen floods, clean and replenish streams, refill ground waters, nourish pollinators, provide food and shelter for wildlife, and provide many benefits for our minds and bodies.

**CULTURE:** In the late 1800s, many Catholic institutions were established in this area of North St. Louis County. St. Vincent County Park is in the middle of property once owned by one of those institutions – the Daughters of Charity of St. Vincent De Paul. The Catholic institutions left behind large areas of open space that still exist today. The land around the hospital became St. Vincent County Park and opened to the public in 1980.

**HISTORY:** Many of the buildings built by the Daughters of Charity of St. Vincent De Paul in the late 1800s such as the former St. Vincent's Hospital are still visible in and around the park. Today, the former St. Vincent's Hospital is an apartment building. The nearby MetroLink line was once a Wabash rail line with a stop in front of St. Vincent's Hospital. Nuns took the train directly from St. Vincent's Hospital to missions on the west coast and back.



**Greenways are outdoor spaces connecting people and places.** Each greenway is unique, reflecting the character of the communities it connects. Greenways can include **trails, conservation projects** such as rain gardens and restored prairies, **amenities** like restrooms and drinking fountains, and **connections** to businesses, neighborhoods, parks, schools, waterways and transit. There are over 120 miles of greenways throughout St. Louis City, St. Louis County and St. Charles County for you to explore and enjoy.